

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Lausanne, 16th January 2012

To the attention of all FIG Affiliated Federations

TUE Process – 2012

Dear President,
Dear Secretary General,

We would like to draw your attention and remind you about the **2012 TUE Process** here attached and available on the FIG website under the Anti-Doping Section. This process is based on the International Standard for TUEs, which should be read in conjunction with the FIG process and which is also available on the FIG and WADA websites.

Please also note the following points:

- **the ADAMS system remains the only application way.** Gymnasts without an ADAMS account can request one from the ADAMS Account Request table, on the TUE page of the FIG Website. Any other form of TUE submission will not be taken into account.
- As of 1st January 2011, Therapeutic Use Exemptions (**TUEs**) are the only valid and needed documents. Declarations of Use (DoU), Asthma TUEs (AST) and Abbreviated TUE (ATUE) do not exist anymore.
- Gymnasts whose AST or ATUE expired on 31st December 2009 or was supposed to expire later, will need to fill out a new TUE on ADAMS, if the substance used requires a TUE.
- The **List of Prohibited Substances** has been updated by WADA. The 2012 List of Prohibited substances is available on the FIG and WADA websites. A few points to highlight:
 - All beta-2 agonists (including both optical isomers where relevant) are prohibited except salbutamol (maximum 1600 micrograms over 24 hours), formoterol (maximum 36 micrograms over 24 hours) and salmeterol when taken by inhalation in accordance with the manufacturers' recommended therapeutic regime.

The presence in urine of salbutamol in excess of 1000 ng/mL or

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formoterol in excess of 30 ng/mL will be considered as an *Adverse Analytical Finding* unless the *Athlete* proves, through a controlled pharmacokinetic study, that the abnormal result was the consequence of the use of the therapeutic inhaled dose up to the maximum indicated above.

- For any other Beta2Agonist, a TUE is requested.

Should you require any precisions or complement of information, please consult the FIG Website under the Anti-Doping section or direct all your queries concerning anti-doping by e-mail to: csteiner@fig-gymnastics.org.

We thank you again for your precious assistance and for informing your gymnasts and coaches and all the staff working with gymnasts as it is very important for the Gymnasts that they submit their TUE request on time if they need to use a prohibited substance.

Yours Sincerely,


André Gueisbuhler
FIG Secretary General
Manager


Chantal Steiner
FIG Anti-Doping and Medical

Enclosed: FIG 2012 TUE Process

Copies:

- Nicolas Buompane, FIG Deputy Secretary General
- Dr. Michel Léglise, FIG Medical Commission President
- Dr. Mariela Sirakova, FIG TUEC President

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