

## FIG TUE Process 2012

### **Requested conditions to apply for a TUE to FIG:**

- A gymnast shall submit her/his application to FIG, through ADAMS, as soon as s/he knows about the need to use the prohibited substance but **no later than 30 days** before the approval to use the Prohibited Substance is needed (eg, for a competition). The TUEC has then 21 days from the day of (complete) submission to render a decision.
- The gymnast would experience a **significant harm to her/his health** if the Prohibited Substance or Prohibited Method were to be withheld in the course of treating an acute or chronic medical condition.
- The therapeutic use of the Prohibited Substance or Prohibited Method would produce **no additional enhancement of performance** other than that which might be anticipated by a return to a state of normal health following the treatment of a legitimate medical condition.
- There is **no reasonable therapeutic alternative** to the use of the otherwise Prohibited Substance or Prohibited Method.
- The necessity for the use of the otherwise Prohibited Substance or Prohibited Method **cannot be a consequence**, wholly or in part, of the prior use, without a TUE, of a substance or method which was prohibited at the time of the use.
- The request must contain a **complete and up to date medical file**, which must include the technical examinations formally documenting the pathology(ies) for which the request was submitted.
- The TUE request must be in one of the two official languages of FIG, **English or French**, including the protocols of technical examinations supporting the request.

### **Criteria for granting a retroactive or emergency TUE:**

- **Emergency** treatment or treatment of a severe medical condition was necessary, or
- Due to **exceptional circumstances**, there was **insufficient time or opportunity** for an applicant to submit, or a TUEC to consider, an application prior to Doping Control, and
- The **explanation** why it is a retroactive or emergency TUE is given on the application form on ADAMS (in FRA or ENG), and
- The **information about the emergency** treatment must be submitted to the FIG TUEC within 3 days after the treatment, and
- The request is submitted **within 14 days** of the treatment.

*Please note that medical emergencies or acute medical situations requiring administration of an otherwise Prohibited Substance or Prohibited Method before an application for a TUE can be made, are **uncommon**.*

Similarly, circumstances requiring expedited consideration of an application for a TUE due to imminent competition are **infrequent**.



**In order to know if the substance you require is prohibited, please consult the WADA List of prohibited Substances and the Global Dro website, both available on the FIG Website.**



**In case you need to change the dosage of the prohibited substance you already have a TUE for, you have to request a new TUE.**

### **Application process:**

- 1) If the Gymnast does not have yet an ADAMS account, s/he must connect to the FIG Website under the Medical/Anti-Doping/Testing Programme/TUEs section and request one through the "ADAMS Account Request" table.
- 2) Once the ADAMS account received on the email provided, connect to ADAMS, duly complete and submit the TUE.
- 3) The information on the ADAMS form must be inserted in French or English together with a summary translation in French or English of the medical documentation attached.
- 4) The application shall list any previous and/or current TUE requests, the body to whom that request was made, the decision of that body, and the decisions of any other body on review or appeal.
- 5) The application must include a comprehensive medical history (Incl. previous prescriptions, especially approved alternatives that did not work), the statement by a qualified physician attesting to the necessity of the use of the substance and a copy of the results of all medical exams relevant to the application. It must be signed by the doctor.
- 6) The application must include the doctor's speciality, email and phone number.
- 7) Make sure that all the requested documents are joined to the request on ADAMS (scanned and attached under the step 5 "Add medical info" section). If the documents are unable to be scanned, they must be sent to FIG (by email, fax or regular mail).
- 8) Submit the application on ADAMS. You may also print a copy of the Application Form for your files, but note that your application is accessible at all times in ADAMS.
- 9) Check regularly for messages and notifications on ADAMS until the request is completed.
- 10) If the request is accepted by the FIG TUEC, the gymnast shall print the Certificate of Approval, from ADAMS, and have a copy with her/him at all times.
- 11) List the use of the substance on the Doping Control form.

Gymnasts may authorise their Doctor or Athlete Support Personnel (NF, NADO, Family member, coach, etc...) to insert TUE requests on ADAMS on their behalf. Therefore, FIG will create a special "**Athlete Agent**" account for this person. In order to do so, FIG must receive a written document signed by the gymnast (and her/his legal representative if s/he is minor) granting this person the right to access personal medical information.



It is **ALWAYS** the Athlete's responsibility to ensure that the request is made on time and is accurate. Where feasible the online request should be made in the presence of the prescribing physician.

FIG does not recognise NADO, NF or any other organisation's TUEC decisions. Therefore, the complete medical file must be submitted to FIG TUEC, even if a TUE has been previously granted for the same substance by another organisation.

#### **For the TUEC**



**Dr Mariela Sirakova**  
FIG TUEC President



**André Gueisbuhler**  
FIG Secretary General